



medicina



an Open Access Journal by MDPI

Advances in Sports Rehabilitation and Injury Prevention

Guest Editors:

Prof. Dr. Hassane Zouhal

Movement, Sport and Health Sciences (M2S) Laboratory, University of Rennes 2, 35043 Rennes, France

Prof. Dr. Jelena Pausic

Faculty of Kinesiology, University of Split, Split, Croatia

Message from the Guest Editors

We are pleased to announce a Special Issue on "Advances in Sports Rehabilitation and Injury Prevention." Sports participation, while beneficial to health, often comes with the risk of injuries. This Special Issue aims to explore the latest advancements in preventing, managing, and rehabilitating sports injuries, providing a platform for the dissemination of cutting-edge research and innovative practices.

We invite submissions that address various aspects of sports injury prevention and rehabilitation, including but not limited to the following:

Deadline for manuscript submissions:

closed (30 June 2025)

- Innovative injury-prevention strategies and their implementation in real-world settings.
- Advanced rehabilitation techniques tailored to specific sports and injuries.
- Use of technology and personalized approaches in injury assessment and recovery.
- Interdisciplinary methods combining manual therapy, nutrition, posture management, and psychological support



mdpi.com/si/213130

Special Issue



medicina



an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Edgaras Stankevičius

Medical Academy, Lithuanian
University of Health Sciences,
Kaunas, Lithuania

Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

Author Benefits

Open Access: free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

High Visibility: indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [MEDLINE](#), [PMC](#), and [other databases](#).

Journal Rank: JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

Contact Us

Medicina Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/medicina
medicina@mdpi.com
[X@MdpiMedicina](https://twitter.com/MdpiMedicina)