



## Celiac Disease and Non-celiac Gluten Sensitivity

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### Message from the Guest Editor

Dear Colleagues,

Celiac disease (CD) is a gluten-induced immune-mediated enteropathy, characterized by the presence of specific serum autoantibodies and genetic markers. CD is an autoimmune systemic disease.

Non-Celiac gluten sensitivity (NCGS) is diagnosed in individuals who do not have CD or wheat allergy (WA), but who have intestinal and/or extraintestinal symptoms related to ingestion of gluten-containing grains, with symptomatic improvement on their withdrawal. The clinical variability and the lack of validated biomarkers for NCGS, make establishing the prevalence, reaching a diagnosis, and further study of this condition difficult.

Nevertheless, Clinicians cannot distinguish between Celiac disease and Non-Celiac gluten sensitivity by symptoms. Therefore, screening for CD must occur before a gluten-free diet (GFD) is implemented.

It is useful to recall that the prevalence of gluten-related disorders is rising, and that many individuals are empirically trying a GFD, for a variety of signs and symptoms.





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