# From the Perspective of Traditional Chinese Medicine: Clinical Presentations and Treatment of Depression

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Deadline for manuscript submissions:
**closed (31 August 2023)**

## Message from the Guest Editors

Dear Colleagues,

Depression is a mental health disorder, which varies from mild to severe changes in mood and affects physical, mental, and behavioral health. Depressive disorders may represent an interactive matrix of reciprocally interactive pathophysiology influenced by various factors. The sustained stress on individuals with genetic susceptibility leads to deficits of the HPA axis, imbalanced monoamine/cytokine, decreased neurogenesis, and altered dynamics of connectivity in the reward and motivational circuitry. These mechanisms reduce neuroplasticity and impair the functional integrity of regulation neurocircuitry.

In this context, the drugs that regulate neurotransmitters, including selective serotonin reuptake inhibitors, serotonin, and norepinephrine reuptake inhibitors, and tricyclic and monoamine oxidase inhibitors, are the most commonly prescribed antidepressants. However, these antidepressants only have relative success and can result in several side effects, particularly in chronic use.

We invite colleagues around the world to contribute manuscripts with in vitro, in vivo and clinical studies.

Dr. Ke Ma
Prof. Dr. Zulqarnain Baloch
Guest Editors

Special Issue

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## Message from the Editor-in-Chief

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