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Obstructive Sleep Apnea: New Perspectives

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Message from the Guest Editors

Obstructive sleep apnea (OSA) or sleep-disordered breathing is one of the most common conditions affecting 17% of women and 34% of men in the United States. It is associated with increased risks of hypertension and cardiovascular disease. Its prevalence is rising with increasing obesity. Aging, gender, craniofacial abnormalities, obesity, alcohol, and menopause have been described as the risk factors, to name a few.

This book will focus on issues as they pertain to sleep breathing disorder from historical facts, epidemiology, global and financial toll, risk factors, presence in the different ethnic group, gender and race, diagnostic modalities, AI and its role, laboratory and genetic factors in diagnosis, the role of polysomnography (NPSG) and home testing, craniofacial differences in OSA and its role, precision and patient-centered treatment of OSA, pharmacological, non-invasive positive pressure therapy, non-surgical and surgical treatment of sleep-related breathing, and the future in the diagnosis and treatment of OSA, to name a few. This book will help the clinicians know everything pertaining to sleep-related breathing from risk factors, diagnosis, and treatment.





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