



Modern Lifestyle, Anthropogens and Chronic Diseases from Myths to Reality

Guest Editors:

Dr. Anca Oana Docea

Department of Toxicology,
University of Medicine and
Pharmacy of Craiova, Craiova,
Romania

Prof. Dr. Daniela Calina

Department of Clinical
Pharmacy, University of Medicine
and Pharmacy of Craiova, 200349
Craiova, Romania

Dr. Miquel Martorell

Department of Nutrition and
Dietetics, Faculty of Pharmacy,
University of Concepcion,
Concepcion, Chile

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Message from the Guest Editors

Dear Colleagues,

The modern lifestyle that associates unhealthy diet, inactivity, tobacco smoke, and alcohol, as well as increase exposure to environmental pollutants, food additives and occupational toxicants, contributes to different levels of the development and progression of chronic diseases. Anthropogens can influence the development and progression of various chronic diseases according to the particular time of exposure and the level of exposure. Their effects are evident in chronic exposure, even at low doses, and the individual susceptibility can differ according to individual genetic predisposition or epigenetic changes. Deficiencies in vitamin intake are associated with neurological dysfunctions and congenital defects, but also can influence the metabolism of several xenobiotics, increasing their toxic potential.

The aim of this Special Issue will be pointing out the main findings regarding the implication of anthropogenic pressure and modern lifestyle in the pathogenesis and progression of chronic diseases and the possible preventive strategies.





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Prof. Dr. Edgaras Stankevičius

Medical Academy, Lithuanian
University of Health Sciences,
Kaunas, Lithuania

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Medicina Editorial Office
MDPI, Grosspeteranlage 5
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