

Special Issue

Innovations in Sports Injury Prevention and Rehabilitation

Message from the Guest Editors

Despite extensive research into injury risk, prevention strategies, and rehabilitation, sports injuries remain a major challenge.

This Special Issue aims to publish high-quality research and review articles in the field of sports injury prevention and rehabilitation. We particularly welcome studies that offer multidisciplinary approaches and provide actionable insights into the diagnosis, management, and recovery of sports-related injuries.

In this Special Issue, original research articles and reviews are welcome. Research areas may include (but are not limited to) the following: injury prevention, exploring the underlying risk factors for sports trauma, biomechanical analysis of movement patterns related to injury, injury rehabilitation interventions and recovery optimization, utilizing wearable technologies for injury risk assessment and rehabilitation monitoring, multidisciplinary approaches to sports injury management, and innovations in surgical interventions and post-surgical rehabilitation.

We look forward to hearing from you.

Guest Editors

Dr. Sofia Xergia

Physiotherapy Department, School of Health Rehabilitation Sciences,
University of Patras, 26504 Patras, Greece

Dr. Nikolaos I. Liveris

Physiotherapy Department, School of Health Rehabilitation Sciences,
University of Patras, 26504 Patras, Greece

Deadline for manuscript submissions

30 April 2026



Medicina

an Open Access Journal
Published by MDPI

Impact Factor 2.4
CiteScore 4.1
Indexed in PubMed



mdpi.com/si/250337

Medicina
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
medicina@mdpi.com

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Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Edgaras Stankevičius
Medical Academy, Lithuanian University of Health Sciences, Kaunas,
Lithuania

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