

Special Issue

Advances in Sports Science

Message from the Guest Editors

We invite the submission of manuscripts for a Special Issue of *Medicina* entitled "Advances in Sport Science." The study of sports and sports performance is rapidly evolving, and is different in nature to exercise science. Sport science refers to inquiries designed to understand, describe, or improve health, performance, or other outcomes directly related to a sport or groups of sports. As such, it is narrower in scope than many studies on exercise in general, but also more generalizable for athletes and practitioners, such as strength and conditioning coaches or technical coaches. Within this context, we encourage the submission of papers that focus on applied studies for sports and sport performance. Papers that focus on elite athlete populations are particularly encouraged, as are studies that take a holistic approach to sport science, considering the athlete from a multisystem point of view. In addition, studies on longitudinal athlete development and athlete safety are also encouraged.

Guest Editors

Prof. David M. Bellar
Dr. Randy Aldret
Dr. Gregory Davis
Dr. Stephanie Aldret

Deadline for manuscript submissions

closed (28 February 2021)



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About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

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