



Exercise Physiology and Cardiovascular Metabolism

Guest Editors:

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Message from the Guest Editors

Dear Colleagues,

Exercise physiology studies how the body responds and adapts to physical activity and exercise. It encompasses various aspects of human physiology, focusing on the mechanisms and changes that occur during exercise. On the other hand, cardiovascular metabolism specifically examines the metabolic processes related to the heart and blood vessels during physical activity. Both fields play a crucial role in understanding the benefits of exercise on overall health and performance.

This Special Issue welcomes manuscripts that use various research methods (e.g., epidemiology, intervention, review, and qualitative studies), to examine the changes in health with new and various exercise modalities.

Dr. Sung-Woo Kim
Dr. Hun-Young Park
Dr. Wonil Park
Guest Editors





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Message from the Editor-in-Chief

The metabolome is the result of the combined effects of genetic and environmental influences on metabolic processes. Metabolomic studies can provide a global view of metabolism and thereby improve our understanding of the underlying biology. Advances in metabolomic technologies have shown utility for elucidating mechanisms which underlie fundamental biological processes including disease pathology. *Metabolites* is proud to be part of the development of metabolomics and we look forward to working with many of you to publish high quality metabolomic studies.

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