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Treatment of Obesity and Its Metabolic Complications

Guest Editor:

Dr. Anna Ferrulli

1. Department of Biomedical Sciences for Health, University of Milan, 20133 Milan, MI, Italy
2. Clinical Department of Endocrinology, Nutrition and Metabolic Diseases, IRCCS Multimedica, 20099 Sesto San Giovanni and Ospedale San Giuseppe, Milan, MI, Italy

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Message from the Guest Editor

Dear Colleagues,

Obesity and its main metabolic complications have attained the status of a global pandemic. In order to counteract its consequences, the obesity epidemic should be strategically tackled at the global level. There is thus a need for novel strategies aimed at treating obesity and preventing the development of complications.

In this Special Issue, we will deepen the current knowledge on available therapeutic strategies to counteract obesity and its complications, but above all, we will highlight future perspectives, with particular emphasis on the treatment of special types of obesity.

Articles for this Special Issue will cover: 1. An update on the strategies currently available for the management of obesity and its complications; 2. New promising pharmacological and nonpharmacological targets for the treatment of obesity; 3) Novel strategies for special types of obesity, such as syndromic and monogenic forms of obesity, or sarcopenic obesity; 4) and nutraceutical approaches for treating and preventing obesity.

Dr. Anna Ferrulli
Guest Editor



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Special Issue



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Editor-in-Chief

Dr. Amedeo Lonardo

Internal Medicine, Ospedale
Civile di Baggiovara, Azienda
Ospedaliero-Universitaria, 41126
Modena, Italy

Message from the Editor-in-Chief

The metabolome is the result of the combined effects of genetic and environmental influences on metabolic processes. Metabolomic studies can provide a global view of metabolism and thereby improve our understanding of the underlying biology. Advances in metabolomic technologies have shown utility for elucidating mechanisms which underlie fundamental biological processes including disease pathology. *Metabolites* is proud to be part of the development of metabolomics and we look forward to working with many of you to publish high quality metabolomic studies.

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Contact Us

Metabolites Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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