



Insights into the Metabolic Absorption of Bioactive Peptides Derived from Food Sources

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Message from the Guest Editor

Bioactive peptides have been associated with various health benefits, including antioxidant, anti-inflammatory, antihypertensive, and immunomodulatory effects. Understanding how these peptides are absorbed by the body can provide insights into their potential to prevent and manage chronic diseases such as cardiovascular diseases, diabetes and others. It can further help in optimizing food processing methods to enhance the availability of these beneficial compounds in the final food products. This can lead to the development of functional foods that offer targeted health benefits, contributing to improved overall public health.





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Message from the Editor-in-Chief

The metabolome is the result of the combined effects of genetic and environmental influences on metabolic processes. Metabolomic studies can provide a global view of metabolism and thereby improve our understanding of the underlying biology. Advances in metabolomic technologies have shown utility for elucidating mechanisms which underlie fundamental biological processes including disease pathology. *Metabolites* is proud to be part of the development of metabolomics and we look forward to working with many of you to publish high quality metabolomic studies.

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