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Diet, Supplements, Lifestyle and Human Microbiota: Impacts on Health and Disease

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Message from the Guest Editors

Dear Colleagues,

The human microbiota, a complex ecosystem of microorganisms residing in the gastrointestinal tract and other districts of the human body, has a crucial role in maintaining health and influencing disease. Recent research has highlighted the significant impact of diet, supplements, and lifestyle on the composition and function of the microbiota, with profound implications for a wide array of clinical conditions. This Special Issue, "Diet, Supplements, Lifestyle and Human Microbiota: Impacts on Health and Disease", aims to explore these dynamic interactions and provide a comprehensive understanding of how targeted interventions can promote well-being and prevent diseases.

In this Special Issue, we will consider articles and case reports that explore the interactions between diet, supplements, and lifestyle and their impact on the human microbiota. By delving into these topics, we aim to highlight the potential of integrative approaches to enhance health and mitigate disease through the modulation of the microbiota.













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Message from the Editor-in-Chief

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