



Functional Foods and Nutraceuticals 2021

Guest Editor:

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Message from the Guest Editor

The Editorial Board of *Molecules* invites you to contribute to a Special Issue entitled “Functional Foods and Nutraceuticals 2021”. Although there is still no consensus on an exact definition of the term, any food claimed to have a health-promoting and/or disease-preventing property beyond the basic nutritional function of supplying nutrients is called a “functional food” or “medicinal food”. Sometimes, functional foods are called nutraceuticals, a portmanteau of nutrition and pharmaceutical, which could include food that has been genetically modified. The general category of Functional Foods and Nutraceuticals includes processed foods made from functional food ingredients such as bioactive proteins (peptides), polysaccharides, lipids, phytochemicals (polyphenols and carotenoids), or foods fortified with health-promoting additives (e.g., “vitamin-enriched” products), as well as fresh foods (e.g., vegetables) that have specific health claims attached. We are pleased to invite you to publish in this Special Issue in the form of full articles, communications, or reviews.





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Message from the Editor-in-Chief

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