



Natural Polyphenols and Health

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Message from the Guest Editors

Dear Colleagues,

Polyphenols, found in vegetables as secondary metabolites, are abundant micronutrients in our diet. In the last few decades, there has been a growing interest in their potential health benefits. This Special Issue entitled “Natural Polyphenols and Health” will focus on the relevant current knowledge of polyphenols in the improvement or prevention of some diseases, as well as in a healthy status, to provide the most recent perspectives of this area. Papers of interest include research of any polyphenol, either as a pure compound or included in a food in in vitro and in vivo studies. Study designs can include clinical and preclinical aspects developed at in any stage of life and any health threats. Observational studies as well as those establishing the preventive effects of polyphenols for human and animal models are also welcome. Health aspects can include nervous, cardiovascular, intestinal, immune systems or any physiological system. It is a pleasure to invite original research as well as review articles that describe or detail the influence of polyphenols on health.

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Message from the Editor-in-Chief

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