



## Dietary Surveys and Nutritional Epidemiology

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### Message from the Guest Editors

Dear Colleagues,

A broad range of epidemiological methods, from questionnaires to biochemical indicators, have been used to measure diet in numerous ways, including by macronutrient and micronutrient composition, by food items/groups, by food indexes, by eating behaviours and by dietary patterns. Due to the nature and complexity of diets, no one method can estimate dietary intake without error; however, the assessment of dietary intake is integral to determining the role of diet in human health. In response, dietary surveys have been used largely in several nutritional research studies to collect information on the dietary intake of individuals or groups. Ultimately, findings from dietary surveys may contribute to establishing policies and programmes to promote healthy eating and, thereby, better health.

Potential topics for this Special Issue may include the development and validation of methods and tools for characterizing dietary and nutritional factors or the association between adherence to dietary patterns, diet adequacy and nutritional adequacy, using novel dietary methods and their relationship to human health.

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*Guest Editors*





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