



Applications of Diet Quality Scoring Methods

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Message from the Guest Editor

Dear Colleagues,

While the importance of diverse and moderate dietary intake has been noted throughout history, the scientific concept of scoring the adherence of an individual's dietary habits in relation to pre-defined, notional parameters of "idealness" surfaced during the late 20th century. Scoring parameters are frequently informed by food- or nutrient-based dietary guidelines and provide a minimally biased approach to analysing complex dietary datasets and answer simple questions such as "How good/bad are an individual's dietary habits?"

This Special Issue aims to collate novel research applications of diet quality scoring. This includes but is not limited to:

- Novel approaches to define and/or analyse dietary quality.
- The development of methods to define notional dietary idealness in specific patient groups.
- Methods to define meal-based, institutional food provision quality scoring or similar.
- The assessment of diet quality using novel approaches to measure dietary intake.
- The association of diet quality with novel putative markers of health status (e.g., -omic signatures).





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