



nutrients



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Nutrition Guidelines for Bariatric Surgery Patients

Guest Editors:

Prof. Dr. Dorota Szostak-Węgierek

Department of Clinical Dietetics,
Faculty of Health Sciences,
Medical University of Warsaw, E.
Ciołka Str. 7, 01-445 Warsaw,
Poland

Prof. Dr. Wojciech Lisik

Department of General Surgery
and Transplantology, Medical
University of Warsaw, 02-005
Warsaw, Poland

Dr. Iwona Boniecka

Department of Clinical Dietetics,
Faculty of Health Sciences,
Medical University of Warsaw, E.
Ciołka Str. 7, 01-445 Warsaw,
Poland

Message from the Guest Editors

We are pleased to invite you to submit manuscripts for a new Special Issue of the journal *Nutrients* entitled “Nutrition Guidelines for Bariatric Surgery Patients”. Surgical treatment is now considered the most effective treatment for obesity. However, without proper dietary management, it does not achieve the expected results. Improper dietary management causes complications, such as severe nutritional deficiencies and intolerances, which in turn can promote a poor nutritional status and its consequences (decreased immunity, impaired wound healing and decreased basal metabolism). With the increasing prevalence of obesity, the number of people undergoing this form of treatment is steadily increasing, so it is necessary to clarify dietary and postoperative supplementation recommendations, considering special groups of patients, including children and adolescents, pregnant and lactating women and patients before and after organ transplantation. We encourage the submission of both review papers and original research articles.

Deadline for manuscript
submissions:

closed (5 August 2025)



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Special Issue



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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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