



Eating Behavior and Women's Health

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Message from the Guest Editor

Nearly 25 centuries ago, Hippocrates proclaimed, “Let food be thy medicine, and medicine be thy food”. In the last decade, the importance of diet and the determinants of eating behavior have been re-evaluated.

In this scenario, women's health can be influenced by complex factors linked to specific conditions, such as adolescence, pregnancy, and menopause. The influence on meal times, the quantity of food consumed, food preferences, and food selection is therefore very complex in women.

This Special Issue aims to compile the most recent knowledge regarding the influence of eating behavior on women's health to offer valuable insight into gender medicine.

Contributions regarding menopause management, as well as reproductive dysfunction and obstetric outcomes, are also welcome.





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