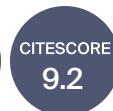




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Dietary Nutrition on Gastrointestinal Health

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Message from the Guest Editors

Dear Colleagues,

It is well established that the adoption of healthy dietary habits and novel dietary strategies could prevent diseases and maintain health. However, the adoption of other modern dietary habits has become a widening health concern, as it is strongly associated with multiple gastrointestinal diseases, the promotion of inflammation, and both structural and behavioural changes in the gut microbiome, with the majority residing in the colon. Diet has a significant influence on the composition of the human gut microbiome. Moreover, there is a growing interest in targeting the gut microbiota by employing probiotics, diet, and nutritional approaches, either to promote gastrointestinal health or as an adjunct therapy for treating gastrointestinal diseases and related disorders.

Dr. Rosalyn A. Jurjus

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Guest Editors



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