



Nutrition and Lifestyle Interventions for Cancer Survivors

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closed (12 October 2023)

Message from the Guest Editors

Dear Colleagues,

Due to improvements in early detection and treatment, there were an estimated 44.1 million cancer survivors worldwide in 2020. Adherence to a healthy lifestyle has been recommended to improve health and wellbeing and to reduce the risk of adverse health outcomes in this large and rapidly growing population. Evidence-based guidelines encourage cancer survivors to achieve and maintain a healthy lifestyle through weight management, eating a healthy diet, regular physical activity, and limiting alcohol consumption. While a cancer diagnosis can lead patients to reconsider their lifestyle behaviors, a large proportion of cancer survivors do not meet the recommendations for a healthy lifestyle. Interventions have been and continue to be designed and tested to improve one or more lifestyle behaviors in cancer survivors.

For this Special Issue, we are seeking high-quality manuscripts about lifestyle interventions for cancer survivors focused on improving nutrition and/or physical activity, achieving and maintaining a healthy weight, or reducing use of alcohol.





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