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Nutrition for Muscle Repair and Recovery

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submissions:

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Message from the Guest Editor

The purpose of this Special Issue is to present current studies on the effects of nutritional interventions on mechanisms and outcomes related to the restoration of muscle function under conditions of injury, aging, and/or disease. Original research in both human and animal models, including preliminary studies/short reports, as well as narrated and systematic reviews and meta-analyses are welcome. Papers presenting data at the molecular, cellular, tissue/organ, and organismal levels will be considered.



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Special *Issue*



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