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Recent Advances in Gluten-Free Diet and Celiac Disease

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Message from the Guest Editors

Dear Colleagues,

Thanks to the pioneering work of the Dutch pediatrician Willem Dicke in the 1950s, the gluten-free diet (GFD) has become the standard therapy for celiac disease (CeD), one of the most common life-long disorders. Recently, it has been discovered that the GFD can treat other gluten-related disorders (GRD), such as gluten ataxia and non-celiac gluten sensitivity. Nevertheless, the GFD has limitations, such as a less-than-optimal content of nutrients such as fiber and calcium, the risk of gluten contamination in many commercial foods, and a significant impact on the psycho-social aspects of daily life. As such, alternative/complementary dietary and non-dietary treatments are currently under scrutiny. The aim of this Special Issue of *Nutrients* is to highlight recent advances in the gluten-free diet in CeD and other GRDs from a broad perspective, e.g., including new methods for gluten analysis, the clinical monitoring of adherence to the GFD, psycho-social quality of life in patients treated with the GFD, complementary/alternative treatments including gluten-free wheat flours, probiotics and drugs.



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Special Issue



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