



## Dietary Strategies for Obesity

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Deadline for manuscript  
submissions:

**closed (15 August 2024)**

### Message from the Guest Editors

Obesity is a complex issue that is associated with a range of noncommunicable conditions, including non-alcoholic fatty liver disease, cardiovascular disease, diabetes mellitus, chronic kidney disease, and mental health conditions. Obesity is largely preventable; however, there are a range of social, environmental, biological, and individual factors to consider that contribute to weight gain across the lifespan.

Lifestyle interventions, including dietary strategies, are an important piece of the puzzle when it comes to the prevention and management of obesity. In this Special Issue, we welcome original articles, short communications, and reviews of the scientific literature, including systematic reviews and meta-analyses. The proposed manuscripts should cover evidence-based dietary strategies for obesity and can be related to any aspect of the prevention or management of obesity across the human lifespan, with special interest areas including children, youth, and pregnancy.





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