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The Role of Natural Products in Obesity and Other Metabolic Diseases

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Message from the Guest Editor

Dear Colleagues,

Obesity occurs when energy expenditure is chronically lower than energy consumption (from food), and this considerably increases the risk of developing several life-threatening metabolic diseases, such as type 2 diabetes, nonalcoholic fatty liver diseases and cardiovascular diseases. Recently, natural products have shown tremendous potential in combatting obesity and related metabolic diseases via different mechanisms, including appetite, lipid homeostasis, adipocytes, inflammation, and intestinal bacteria. This Special Issue will address new basic and clinical research data on functional ingredients; antiobesity effects and mechanisms; and therapeutic strategies for metabolic diseases with the use of natural products. This Special Issue invites all researchers working with natural products and obesity or other metabolic diseases to submit original *in vitro*, animal and human research manuscripts, cohort studies, systematic literature reviews and meta-analyses.

Dr. Yan Li
Guest Editor



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