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The Role of Sustainable Diet and Nutrition Management in the Prevention of Chronic Diseases

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Message from the Guest Editors

Dear Colleagues,

Approximately 20% of global deaths are associated with poor diets, highlighting the importance of promoting healthy and sustainable diets and global food security. The transition to healthier and environmentally sustainable food consumption is complex, as it is affected by a variety of health, socioeconomic, agricultural and environmental factors. More interdisciplinary research is needed to resolve the complexities regarding the support of sustainable healthy diets and food production toward both chronic disease prevention and environmental benefits.

This Special Issue encourages the submission of the latest research regarding technological, methodological and dietary strategies supporting sustainable healthy eating patterns for chronic disease management and prevention, particularly in the context of environmental impacts. We invite authors to contribute original research papers, as well as reviews (i.e., meta-analyses, systematic, scoping and narrative reviews).

Dr. Stan Kubow
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Guest Editors



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