



## Dietary and Nutritional Guidelines for People with Diabetes

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**closed (25 August 2023)**

### Message from the Guest Editors

Dear Colleagues,

It is well known that diabetes is a major global health problem, affecting up to 500 million people worldwide, or approximately 9% of the adult population. Medical nutritional treatment occupies a central position in diabetes management strategies and is probably the most important part of diabetes prevention and treatment. However, the nutrients we intake play a vital role, healthy and balanced nutrition can effectively control blood sugar levels, which is very beneficial to the prevention and treatment of diabetes.

Our goal is to delve into the latest strategies of nutrition and diet in the treatment and management of diabetes, hopefully providing more scientific and innovative nutrition and diet guidelines for patients with diabetes. We invite clinicians and researchers to submit relevant scientific work, whether original articles or reviews, to this Special Issue on “Dietary and Nutritional Guidelines For People With Diabetes”.





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