



Nutritional Problems Related to Rheumatic Disease

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Message from the Guest Editor

Nutritional problems in rheumatic diseases are recognized today as a significant issue that affects the morbidity and mortality of patients. In conditions such as rheumatoid arthritis (RA), juvenile idiopathic arthritis (JIA) and systemic lupus erythematosus (SLE), therapy-related issues often contribute to nutritional deficiencies. Furthermore, the chronic inflammatory state characteristic of these diseases can increase energy expenditure and nutrient requirements, exacerbating the risk of malnutrition. A poor dietary intake, coupled with inflammation-induced metabolic alterations, can contribute to deficits in essential nutrients such as vitamin D, calcium and antioxidants, further impacting disease progression and outcomes. Expert monitoring and tailored dietary interventions are essential to address these nutritional concerns comprehensively, aiming to optimize patients' nutritional status and overall health while managing the complexities of rheumatic diseases.

In this context, we invite you to submit your research, clinical, experimental and in vitro studies, as well as reviews, to this Special Issue.





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