



nutrients



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Mechanisms of Ultra-Processed Food Contribution Potentially Linked to Adverse Health Effects

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Message from the Guest Editor

The consumption of ultra-processed food (UPF) is on the rise globally and is most notable in Western cultures. Currently, UPF can be found everywhere and is generally marketed with cheaper prices, popular flavors and attractive packaging, which make these products desirable to consumers. Simultaneously, more and more studies have linked high rates of consumption of UPF with serious health outcomes such as cardiovascular disease and even cancer.

We invite researchers and scholars in this field to submit original research articles and reviews to this Special Issue. Potential topics should be related to mechanisms which may explain the adverse health effects of UPF, to evidence of the absence of health risk, or to the specific characteristics of the food that may or may not lead to health risks. Studies from any area related to this main question will be considered.



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