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## Editorial Board Members' Collection Series: Role of Food Components in Stressful Situation

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Deadline for manuscript  
submissions:

**closed (20 July 2023)**

### Message from the Guest Editors

Dear Colleagues,

It is well known that there is an inverse relationship between the immune system and stressful situations. These conditions, including prolonged excitability periods, physically and mentally exhausting situations, repetitive infections, etc., can cause a defect in the defence system and a consequent immunodepression. In these circumstances, nutrition can play an important role by enhancing some aspects of immunity and preventing malfunctioning and the resulting disease. The current Special Issue aims to publish preliminary or conclusive studies showing the influence of a particular food or a food compound in stressful situations affecting immunity. Beyond stress, any situation that weakens immune function (immunosenescence for example) or immune dysregulation (immuno-mediated diseases for example) can be also considered. In vitro preclinical and human studies are welcome, as well as reviews, systematic reviews, and meta-analyses.

We look forward to receiving your submissions.



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# Special Issue



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