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The Role of Nutrition in Eye Health

Guest Editor:

Prof. Dr. Malgorzata Mrugacz

Department of Ophthalmology
and Eye Rehabilitation, Medical
University of Białystok,
Kilinskiego 1, 15-089 Białystok,
Poland

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Message from the Guest Editor

Dear Colleagues,

The goal of this Special Issue, “The Role of Nutrition in Eye Health”, is to focus on the importance of nutrition in maintaining ocular health.

Specifically, the aim is to clarify if diet can prevent and treat ocular diseases.

This new information will provide ophthalmologists and eye care professionals with widespread and updated evidence on the role of diet in ocular diseases and the potential role of nutritional strategies in improving eye health.

Prof. Dr. Malgorzata Mrugacz

Guest Editor



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Special *Issue*



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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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