



The Role of Nutritional Intervention in Obesity Treatment

Guest Editors:

Dr. Shiri Sherf-Dagan

1. Department of Nutrition Sciences, School of Health Sciences, Ariel University, Ariel, Israel
2. Department of Nutrition, Assuta Medical Center, Tel Aviv, Israel

Dr. Tair Ben-Porat

1. Montréal Behavioural Medicine Centre (MBMC), Centre Intégré Universitaire de Santé Et de Services Sociaux du Nord-de-L'île-de-Montréal (CIUSSS-NIM), Montréal, QC, Canada
2. Department of Health, Kinesiology, and Applied Physiology, Concordia University, Montreal, QC, Canada

Deadline for manuscript submissions:

closed (15 June 2023)

Message from the Guest Editors

Dear Colleagues,

Obesity is a complex, chronic, relapsing disease and a global public health issue that adversely affects health. Obesity can be caused by a combination of numerous factors, including genetics, lifestyle habits, hormonal disorders, usage of some medications, chronic stress, emotional dysregulation, socioeconomic status, and environmental factors.

At present, the range of treatments for obesity that exist include lifestyle intervention, prescription medications for weight loss, endoscopic procedures, and bariatric surgeries.

Nutrition plays a key role in any chosen obesity treatment modality.

In the current Special Issue, original research manuscripts and reviews of the scientific literature that focus on the topic “The Role of Nutritional Intervention in Obesity Treatment” are invited for submission, including manuscripts that address the innovative and traditional nutritional interventions within obesity treatment in its various forms.





an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI