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## New Insights in Perioperative Nutrition Support

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Deadline for manuscript  
submissions:

**closed (31 January 2024)**

### Message from the Guest Editor

Proper nutrition is important for the preoperative optimisation of patients at high risk of postoperative medical and surgical complications. Malnutrition in the perioperative period deteriorates the clinical outcome. Preventive measures should be implemented in the preparation and treatment of surgical patients. Enhanced recovery after surgery has been extensively discussed in recent years. Moreover, high-risk subjects who become hospitalised in intensive care units will undoubtedly require personalised patient-centred nutrition support to overcome the critical illness and its consequences. The quality and quantity of diets are an important issue in goal-directed medical nutrition. Therefore, we need good-quality scientific data to treat our patients better and to impede all preventable threats.

This Special Issue welcomes papers concerning this important topic. These include original papers, comprehensive reviews of the literature and meta-analyses concerning medical nutrition therapy, malnutrition and metabolic problems in the perioperative period. Epidemiological and clinical investigations regarding prevention as well as treatment will be considered.



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**Special** *Issue*



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