



Impact of Diet, Nutrition and Lifestyle on Reproductive Health

Guest Editors:

Dr. Zhongwei Huang

Department of Obstetrics & Gynaecology, Yong Loo Lin School of Medicine, National University of Singapore, 1E Kent Ridge Road, Singapore 119228, Singapore

Prof. Dr. Cuilin Zhang

Yong Loo Lin School of Medicine, National University of Singapore, Singapore, Singapore

Deadline for manuscript submissions:

25 December 2024

Message from the Guest Editors

Dear Colleagues,

A balanced diet and good nutrition are essential for the general health, growth and well-being of an individual. The impact of an individual's health and longevity is dependent on their reproductive health. The Special Issue highlights the impact of diet and nutrition on an individual's reproductive lifespan and healthspan. We aim to provide new insights into the role of diet and nutrition in maintaining and promoting reproductive health in both men and women throughout their entire lifespan, especially in women from puberty, reproductive age and menopause. Furthermore, with the global fertility crisis occurring, especially in Asia (with one of the world's lowest total fertility rates), this Special Issue will focus on evidence-based reviews and original laboratory research that explore and derive guidance on the intake levels of micro- and macronutrients, antioxidants and their impact on fertility and reproductive health. I encourage authors to submit their original research on this essential topic to boost reproductive health through a life-long healthy diet.





an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI