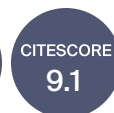




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Low-Calorie Sweeteners: Benefits and Risks in Human Health

Guest Editors:

Dr. John St. Peter

Department of Experimental and
Clinical Pharmacology (ECP),
University of Minnesota,
Minneapolis, MN 55455, USA

Dr. Danielle Greenberg

NutriSci Inc., Mt. Kisco, NY, USA

Deadline for manuscript
submissions:

closed (5 May 2024)

Message from the Guest Editors

Selected low-calorie sweeteners (LCS) have been used for over 100 years to replace nutritive sweeteners such as sucrose with the goal of enabling calorie reduction, weight management, and possible improvement of several related metabolic consequences of overweight and obesity. While numerous worldwide regulatory bodies have approved many LCS as safe for human consumption, there remain controversies over possible negative outcomes from the use of these substances over time. A fundamental issue that is often not addressed in both the epidemiologic research and consumer communities is that LCS with vastly different structures, metabolisms and physiological consequences are grouped together based solely on the fact that they have a sweet taste and few or zero calories. There are also newer compounds such as flavors with modifying properties (FMPs) that augment sweet taste and are less studied. This Special Issue seeks to highlight both the potential benefits and risks of the use of LCS in human health with particular emphasis on examining individual sweetener substitutes to avoid inferring class effects where none have yet been substantiated.



mdpi.com/si/152814

Special Issue



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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

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Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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