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Featured Reviews on Prebiotics and Probiotics

Guest Editor:

Dr. Lorella Paparo

Department of Transational
Medical Science, University of
Naples Federico II, Naples, Italy

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Message from the Guest Editor

Dear Colleagues,

As is well known, prebiotics and probiotics play an important role in improving human health. In the last decade, extensive studies have reported the beneficial effect of prebiotics and probiotics on gastrointestinal and metabolic health. This Special Issue aims to summarize the current situation in this field and provide more references for future research.

For this Special Issue, we welcome all narrative and systematic reviews on any aspects (e.g., clinical, in vivo, in vitro), in order to report the effect of gut microbiota, pre- and probiotics, and their products, on human health and disease.

Dr. Lorella Paparo
Guest Editor



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Special *Issue*



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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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