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Food Insecurity, Health, and Academic Outcomes among US Undergraduate College Students

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Message from the Guest Editors

This Special Issue of *Nutrients* aims to identify types of interventions, programs, and policies that improve food and nutrition security and lead to better health and academic outcomes among college students.

Food insecurity is a significant concern among students enrolled in higher education. Students in higher education are vulnerable to food insecurity largely due to financial constraints related to tuition, housing, and transportation, among other priorities. Students experiencing food insecurity are more likely to report worse physical and mental outcomes and poorer academic performance compared to their peers with food security.

Emergent responses to this problem have included establishing campus food pantries, student-donated meal programs, and improving state policy to expand Supplemental Nutrition Assistance Program (SNAP) access to eligible students. However, little is known regarding the effect of these programs on student health and academic outcomes. Advancing knowledge in this area could inform programs and policies to improve food and nutrition security and ultimately foster academic success among college students.



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Special *Issue*



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