



Nutrition and Lifestyle Interventions for Vascular Diseases

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Message from the Guest Editors

Dear Colleagues,

Vascular diseases are prevalent conditions in adult and elderly populations with important consequences for public health. Several vascular diseases promote impairments in physical function, limit physical activity levels and increase the risk of mortality.

Nutrition, physical activity and other non-pharmacological interventions and non-surgical interventions have been associated with physical function, the control of risk factors, wellbeing and quality of life in several populations. In recent years, there has been a growing interest in the effects of non-pharmacological and non-surgical interventions in patients with different vascular diseases, such as peripheral arterial disease, aneurisms, lymphedema, etc.

This Special Issue will publish studies analyzing the role of non-pharmacological and non-surgical interventions (e.g., (physical activity, nutrition, heat, etc.) in patients with different types of vascular diseases. Authors are invited to submit cutting-edge clinical trials, observational studies and systematic reviews to this Special Issue.





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