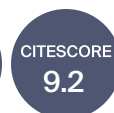




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Nutritional Approaches and Novel Dietary Strategies to Manage Sarcopenia

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submissions:

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Message from the Guest Editors

The increasing prevalence of malnutrition and sarcopenia among aging populations worldwide poses significant challenges to healthcare systems and affects the quality of life of affected individuals. This Special Issue aims to explore innovative nutritional interventions and dietary strategies that can effectively manage and mitigate the impacts of these conditions.

This Special Issue aims to enhance understanding of how targeted nutritional and rehabilitation interventions can improve body composition, functionality, and overall health outcomes in populations at risk of malnutrition and sarcopenia. We seek to gather a collection of papers that elucidate the role of cutting-edge dietary strategies and nutrition science in reversing muscle wasting, improving nutritional status, and contributing to better health and increased longevity. In addition, this Special Issue also welcomes reports on the risk of malnutrition and sarcopenia during and after disaster situations.

We invite submissions of various manuscripts, including original clinical research, epidemiological studies, and comprehensive reviews (scoping reviews, systematic reviews, and meta-analyses).



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Message from the Editorial Board

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