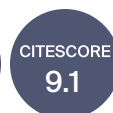




nutrients



an Open Access Journal by MDPI

Focus on Diet and Nutrition in Early Life of Infants

Guest Editor:

Dr. Zoi Ilidromiti

Neonatal Department, School of
Medicine, National and
Kapodistrian University of
Athens, Aretaieio Hospital, 11528
Athens, Greece

Deadline for manuscript
submissions:

closed (25 October 2024)

Message from the Guest Editor

Dear Colleagues,

Nutrition in infancy and early childhood is known to be associated with infant and childhood morbidity and child quality of life. According to the World Health Organization (WHO) and UNICEF, the first 1000 days of a child's life, starting from conception up to the first 2 years of life, are strongly correlated with the possibility of the child reaching their optimal development in relation to their genetic potential. Proper nutrition is the right of every child, and the state is obliged to ensure this right for all children. The WHO estimates that, every year, 45% of child deaths worldwide are due to the inability to ensure good nutrition for these children, but it is now known that in addition to infant morbidity and mortality, nutrition in the first years of a child's life is associated with the risk of developing chronic diseases later in adulthood, as well as the child's normal mental and physical development. This effect of diet on health in adulthood is linked to 'programming' and is a risk factor for poor diet.

Dr. Zoi Ilidromiti

Guest Editor



mdpi.com/si/197659

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://twitter.com/Nutrients_MDPI)