



Dietary Approach to Several Types of Primary and Secondary Dyslipidemias

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Message from the Guest Editor

Dear Colleagues,

Dyslipidemias, defined as the alteration of at least one lipoprotein, are diseases correlated with cardiovascular risk and with the risk of acute pancreatitis in the case of hyperchylomicronemia. Lifestyle intervention is always recommended for the treatment of dyslipidemias. Some of them require targeted dietary therapy. In this Special Issue, we can focus on the optimal dietary interventions for the treatment of the main primary and secondary dyslipidemias such as mixed dyslipidemia in metabolic syndrome, renal diseases, hepatic disorders, hypercholesterolemia in heterozygous and homozygous familial hypercholesterolemia, sitosterolemia, hepatic steatosis and malabsorption in hypobetalipoproteinemia, severe hypertriglyceridemia with recurrent pancreatitis and the optimal diet for cardiovascular prevention.





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