



Potential Health Benefits of Dietary Algae

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Message from the Guest Editors

Dear Colleagues,

With a physiology distinct from terrestrial plants, algae represent a unique and diverse range of dietary entities that provide a unique profile of essential nutrients, polysaccharides and other bioactives. Macroalgae (edible seaweeds) have been consumed by coastal communities around the world for millenia. Habitual intake of seaweeds tends to only be common in certain geographical area of the world. Both macroalgae and microalgae may represent underutilised dietary resources that could have positive impacts on human health. Due to the rapid growth rates of algae with minimal of zero input, increased harvesting/production also has the potential to have limited environmental impact.

The current Special Issue welcomes submissions of original research or reviews on the potential for whole algae, algae as ingredients, algal polysaccharides and algal bioactives to impact on health in line with Nutrients' major Aims and Scopes as a journal focused on human nutrition (<https://www.mdpi.com/journal/nutrients/about>).

Manuscripts focused on evidence from relevant non-human models will also be considered.





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