



Nutrition to Promote Child Development, Growth and Diet Quality in Middle- to Low-Income Countries

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Message from the Guest Editor

A healthy diet during the first 1000 days post-conception is critical for optimal child development and growth. At least one in three children under the age of five years are considered undernourished or overweight, and one in two suffer from hidden hunger, undermining the capacity of millions of children to grow and develop to their full potential (UNICEF 2019). The greatest burden of all forms of malnutrition is shouldered by children and young people from the poorest and most marginalized communities, perpetuating poverty across generations. Improving early childhood nutrition requires that food systems be safe, affordable, and sustainable. This investment is a cornerstone in achieving the United Nation's 2030 Sustainable Development Goals.

This Special Issue focuses on all aspects of nutrition to promote adequate child development, growth and diet quality in middle- to low-income countries. For this Special Issue, we welcome the submission of human interventions, observational studies, economic impact assessments, systematic reviews and meta-analyses, narrative reviews, and short communications.





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