



Coffee and Caffeine Consumption for Human Health

Guest Editor:

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Deadline for manuscript
submissions:

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Message from the Guest Editor

Dear colleagues,

Caffeine is naturally present in the leaves and seeds of different plants, and it has been traditionally used to improve mental alertness and wakefulness by using brews of these plants. Alongside the appearance of new forms of caffeine intake in our modern society, positive applications of both acute and long-term ingestion of caffeine have increased, while the effects of caffeine on cardiovascular, respiratory, thermoregulatory, and metabolic systems are well-understood at present.

You are invited to submit a manuscript to this special issue in *Nutrients*, one of the most read and cited research journals in “Nutrition and Dietetics”. The goal of this Special Issue is to provide new evidence of the effects of caffeine intake (especially, but not limited to, coffee consumption) on different aspects of human health. We welcome manuscripts related to original research articles, systematic reviews, meta-analyses, and opinions related to the effects of caffeine on health outcomes.

Dr. Juan Del Coso Garrigós

Guest Editor





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