



Complementary Feeding in Preterm Newborns

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Message from the Guest Editor

There is increasing evidence that growth rate during fetal life and infancy has important long-term consequences for cardiovascular risk, bone health, and brain development in term and preterm infants. Infant growth may be influenced by diet, including the age at which solid foods are introduced (henceforth referred to as weaning). The introduction of solid foods is associated with major changes in the intake of both macronutrients and micronutrients. Yet, surprisingly, relatively little attention has been paid to the weaning period of preterm infants in terms of the optimal age for weaning, the nature of weaning foods, or whether this period of important dietary change influences later health and development.

This Special Issue aims to clarify some aspects of the introduction of complementary foods in preterm newborns to assist pediatricians in following a common line.





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