



nutrients



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Diet and Exercise in Type 1 Diabetes

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submissions:

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Message from the Guest Editor

Dear Colleagues,

Good nutrition, combined with a physically active lifestyle, plays a central role in the management of type 1 diabetes at all ages. This Special Issue of *Nutrients*, entitled “Diet and Exercise in Type 1 Diabetes”, welcomes the submission of manuscripts either describing original research or high quality systematic reviews and meta-analyses focusing on the role of nutrition on type 1 diabetes management and control. Manuscripts should cover the effects of nutrients, foods, and/or dietary patterns in relation to people living with type 1 diabetes. We also encourage submissions on nutrition and dietary strategies for exercise management and performance in type 1 diabetes.

Prof. Michael C. Riddell

Guest Editor



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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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