



*nutrients*



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## Diet, Food and Nutrition and Occupational Health

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### Message from the Guest Editors

Nutrition and occupational health is the maintenance and promotion of the highest degree of physical, mental, and social health of workers in all occupations by controlling risks, promoting healthy eating, providing humanitarian aid, improving health systems, and preventing the departures from health. Occupational health is the advancement and upkeep of the most astounding level of physical, mental, and social health of specialists in all occupations by preventing departures from wellbeing, controlling dangers, and the adjustment of work to individuals, and individuals to their jobs.

This Special Issue will publish selected documents that deepen our knowledge of specific and innovative aspects of diet, food, and nutrition related to occupational health. Strategies to change the incidence and prevalence of nutritional disorders in workers include a focus on changing physical and social environments, over and above individual-level strategies, using a multilevel or systems approach. We hope the articles in this Special Issue can help inform the decisions of employers, planners, researchers, and other public health decision-makers.



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**Special** *Issue*



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