



*nutrients*



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## Diet and Bone Health

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Deadline for manuscript  
submissions:  
**closed (31 August 2021)**

### Message from the Guest Editor

For this Special Issue of *Nutrients*, we would like to invite papers on the relationship between diet and bone health and osteoporosis. This may include a focus on dietary quality, food and/or nutrient intake, nutritional biomarkers, and nutritional status, as well as dietary interventions.

The impact of diet on bone health, beyond calcium and vitamin D, has emerged as an important area of research. However, further evidence is needed to inform dietary recommendations and best practices for promoting overall bone health.

Manuscript submissions may include original research articles and systematic reviews and meta-analyses.

Potential topics may include, but are not limited to, associations between dietary patterns, food and food group intake, nutrient intake (macro- and micronutrient), nutritional biomarkers, and bone health outcomes. Bone health outcomes may encompass measures of bone quality, bone mineral density, bone turnover markers, low bone mass, and osteoporosis.



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**Special** *Issue*



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## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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