



Dietary Management of Gastrointestinal Diseases and Disorders

Guest Editors:

Dr. Kerith Duncanson

University of Newcastle School of
Medicine and Public Health
CALLAGHAN, NSW, AUSTRALIA

Prof. Nicholas Talley

University of Newcastle School of
Medicine and Public
Health NEWCASTLE, NSW,
AUSTRALIA

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Message from the Guest Editors

Emerging evidence suggests gastrointestinal diseases such as coeliac disease, inflammatory bowel diseases, and gastroesophageal reflux overlap with and may be a part of the spectrum of functional disorders such as dyspepsia and irritable bowel syndrome. While the evidence for a gluten-free diet in the dietary management of coeliac disease is well established, many people who do not have coeliac disease are on a gluten-free diet for health reasons, but the risks versus benefits are poorly defined. The exponential increase in the availability of gluten-free foods, and advances in technology for identification and treatment of coeliac disease have implications for dietary management. The influence of diet-microbiome interactions is another fascinating area of discovery, which promises to revolutionize the application of dietary approaches in gut conditions.

In this Special Issue, we will highlight and consolidate emerging evidence in this fascinating and rapidly evolving field by sharing papers that focus on dietary assessment, oral or gut microbiome, novel foods, and new dietary management approaches in common gastrointestinal diseases and disorders.





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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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