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## Dietary Patterns and Human Health

Guest Editor:

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Deadline for manuscript submissions:

**closed (31 December 2018)**

### Message from the Guest Editor

Dear Colleagues,

There is growing recognition of the importance of investigating overall diet or dietary patterns, rather than focusing on single foods or nutrients, because dietary pattern analysis can summarize the potentially synergistic effects of foods and nutrients. This approach is also useful for the development of dietary guidelines, given that people eat foods (and thus nutrients) in combination. This Special Issue of *Nutrients*, entitled “Dietary Patterns and Human Health”, welcomes the submission of manuscripts either describing original research or reviewing the scientific literature on this topic. Studies based on dietary patterns based on both a priori and a posteriori approaches are welcome. Studies focusing on methodological aspects are also encouraged.

Dr. Kentaro Murakami

*Guest Editor*



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