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## Dietary Sodium and Human Health

Guest Editor:

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Deadline for manuscript submissions:  
**closed (10 August 2021)**

### Message from the Guest Editor

Dear Colleagues,

Salt is essential for life. However, excessive salt consumption has long been known to have detrimental effects on health mostly in the cardiovascular field. Salt consumption is generally estimated by questionnaires or sodium excretion using 24h urine collection. Sodium is believed to have a proper effect on vessels independently of blood pressure. This Special Issue on salt and health is a great opportunity to make a contribution in understanding sodium intake determinants and to provide new insight into the cardiovascular effects of salt. Therefore, we encourage authors exploring sodium intake epidemiology, as well as the interplay between salt in vessels, to submit their research.

Dr. Belen Ponte  
*Guest Editor*



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**Special** *Issue*



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