



Dietary Supplements and Human Health

Guest Editor:

Dr. Tsuyoshi Chiba

National Institute of Health and
Nutrition, Department of Food
Function and Labeling, Japan

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submissions:

closed (30 November 2020)

Message from the Guest Editor

Dear Colleagues,

The prevalence of dietary supplement is increased in the world. The primary purpose of dietary supplements is the provide nutrients, such as vitamin and mineral, to maintain health. However, the functional ingredients in food, especially polyphenols, have attracted attention in recent decades, and these ingredients have beneficial effects on human health. On the other hand, a lot of ingredients with poor evidence as to their effects have also been marketed as dietary supplements, and adverse events associated with dietary supplement use have been reported. It is important to choose dietary supplements whose efficacy and safety for our health have been studied. In this regard, you are invited to submit proposals for manuscripts that fit the objectives and the topics of this Special Issue.

Dr. Tsuyoshi Chiba
Guest Editor





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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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